

# Bayswater Park Cricket Club

## Return to Train Checklist - Coaches

This guide has been established to support coaches with teams 'Returning to Training' under Victorian Government COVID-19 restrictions. Community clubs and teams have an obligation to strictly adhere to these protocols at every training session.

### Before the session coaches or their delegate(s) are to ensure:

- Facility COVID-19 Hygiene and Social Distancing signs are all up and visible.
- The 'check-in' / 'check-out' posters are available at all times and used by all training attendees.
- All attendee's 'check-in' and use the hand sanitiser on arrival and re-apply every 30-40 minutes
- Any training equipment that will be used have been cleaned before use (e.g. balls, cones, stumps, bowling machines etc).
- The overall facility is currently closed (except toilet access). This includes changerooms and social areas. Any areas of the facility that may be touched (toilets, door handles etc) have been cleaned before attendees arrive. Ensure enough bins are available and soap and water for the toilet area
- Every second net is only used for one on one 'throw downs' or closed for use.
- Quality sanitiser and wipes are available in easy to find locations and players are aware of where these are.
- Communicate training groups to players and ensure their personal equipment is stored in their cars when not in use.

### During the Session coaches or their delegate(s) are to ensure:

- Training groups are as per the State Government Roadmap. For Step 3 this allows full teams to train together (as per the updated released on 13 October 2020). If the team regularly plays as an 11 on match day, then 11 can train in a group. If the team regularly plays with 12 or 13 on match day, then 12 or 13 can train together in each group. Step 4 of the roadmap will allow for training in a group of up to 50.
- Groups do not mix with other groups at any stage before, during or post session
- The maximum number of groups per oval is two, plus a separate group in the nets. Groups can still swap areas through a session but shall have no more than the normal team numbers per group.
- All attendees are to refrain from spitting, nasal clearing and shall not use sweat or saliva on the balls
- Players are dressed ready to train and no personal playing equipment is to be shared unless it has been wiped / cleaned between each use.
- Kit bags and any excess clothing and equipment that a player is not wearing is to be kept in their vehicle
- Masks are to be worn at all times by those over 11. All players (any age) are exempt from this requirement whilst batting, bowling or fielding.
- All attendees adhere to facility signage directions and maintain a 1.5m distance to other
- When using the ball machine, the player feeding the ball into the machine is to sanitise their hands before starting and again on completion and must also wear a mask.
- Any shared equipment (wickets, balls, ball machine etc.) should be sanitised prior to the next group entering the space.

### After the session coaches or their delegate(s) are to ensure:

- All attendees are to 'sign out' via the attendance register - for contact tracing assistance
- Any equipment that has been used (including training balls) has been wiped down and stored along with any facility touch points
- Temporary signs and sanitiser are stored away.



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Please note:

- In stage 3, when training initially commences, the overall facility will be closed except for access to the toilet.
- Hand sanitiser will be available and should be used before, during and after training
- You will need to bring and utilise your own face masks
- You will need to bring and use your own drink bottle. Share cups are not permitted.
- If you feel unwell or display any Covid like symptoms please do not attend training.
- If you are awaiting results for a Covid test, please do not come to training and advise your coach or a member of the Executive Committee ASAP.
- In the case of testing positive to Covid, please advise your coach or a member of the executive committee ASAP.

**Cricket in a pandemic is a privilege – not a right! ‘Get in. Train. Get Out.’**