

# Bayswater Park Cricket Club

## Return to Train Checklist - Players

This guide has been established to support teams 'Returning to Training' under Victorian Government COVID-19 restrictions. Community clubs and teams have an obligation to strictly adhere to these protocols at every training session.

### Before the session commences, players will need to:

- 'Check-in' using a QR code that will be provided.
- Apply hand sanitiser on arrival

### During the Session players will need to:

- Re-apply hand sanitiser every 30-40 minutes
- Train in groups as per the State Government Roadmap. For Step 3 this allows full teams to train together (as per the updated released on 13 October 2020). If the team regularly plays as an 11 on match day, then 11 can train in a group. If the team regularly plays with 12 or 13 on match day, then 12 or 13 can train together in each group. Step 4 of the roadmap will allow for training in a group of up to 50.
- Be conscious that they do not mix with another training groups at any stage before, during or post session
- Note that the maximum number of groups per oval is two, plus a separate group in the nets. Groups can still swap areas through a session but shall have no more than the normal team numbers per group.
- Ensure they refrain from spitting, nasal clearing and shall not use sweat or saliva on the balls
- Be dressed ready to train and make sure no personal playing equipment is shared unless it has been wiped / cleaned between each use.
- Keep kit bags, any excess clothing and equipment that they are not wearing / using in their vehicle
- Masks are to be worn at all times by those over 11. All players (any age) are exempt from this requirement whilst batting, bowling or fielding.
- Adhere to facility signage directions and maintain a 1.5m distance to others
- Ensure that when using the ball machine, the player feeding the ball into the machine is to sanitise their hands before starting and again on completion and must also wear a mask.
- Ensure any shared equipment (wickets, balls, ball machine etc.) is sanitised prior to the next group entering the space.

### After the session players will need to:

- 'Sign out' using the QR code– this is for contact tracing assistance
- Leave Guy Turner promptly.

### Please note:

- In stage 3, when training initially commences, the overall facility will be closed except for access to the toilet.
- Hand sanitiser will be available and should be used before, during and after training
- You will need to bring and utilise your own face masks
- You will need to bring and use your own drink bottle. Share cups are not permitted.
- If you feel unwell or display any Covid like symptoms please do not attend training.
- If you are awaiting results for a Covid test, please do not come to training and advise your coach or a member of the Executive Committee ASAP.
- In the case of testing positive to Covid, please advise your coach or a member of the executive committee ASAP.

**Cricket in a pandemic is a privilege – not a right! 'Get in. Train. Get Out.'**